

# Akerman Medical Practice

May 2024 Newsletter



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## Free Little Library

The AMP Free Little Library book exchange corner is now taking book donations! A worldwide scheme designed to promote literacy and a love of reading. The best book is one that's been shared!  
Leave a book - Take a book  
Love a book - Keep a book

## Do you need your MMR vaccine?

The MMR vaccine is the best way to prevent measles Mumps and Rubella infections. The NHS is offering boosters to all under the age of 50 to improve immunity and reduce the circulation of MMR viruses in the community. Read more by [clicking this link](#).

## Coffee and a checkup

For the month of May, every Thursday from 2-4pm, walk in, have a cuppa, and get a general health and wellbeing checkup

- 16th May
- 23rd May
- 30th May



## Practice Closures

27 May - Bank holiday

## In House Physio Therapy Update

Akerman Medical practice is switching from Surrey physio to St Thomas hospital Physiotherapy services. This means going forward Physiotherapists from St Thomas hospital will be running clinics from Akerman medical practice. Assessing patients with musculo-skeletal problems. St Thomas Physio are highly experienced and supported by a team of senior physiotherapists who are able to independently request appropriate investigations like x-ray, MRI and Ultrasound scans. When appropriate they will be able to refer you directly into specialist physio services in St Thomas hospital. Patients will also have full access to their getUBetter app ([download here](#)) to help you on your journey of recovery from various musculoskeletal problems. We are looking forward to working with St Thomas hospital Physio team.

## Opening hours

Mon to Fri - 8am to 7:30pm  
Sat - 9:30am to 4:30pm

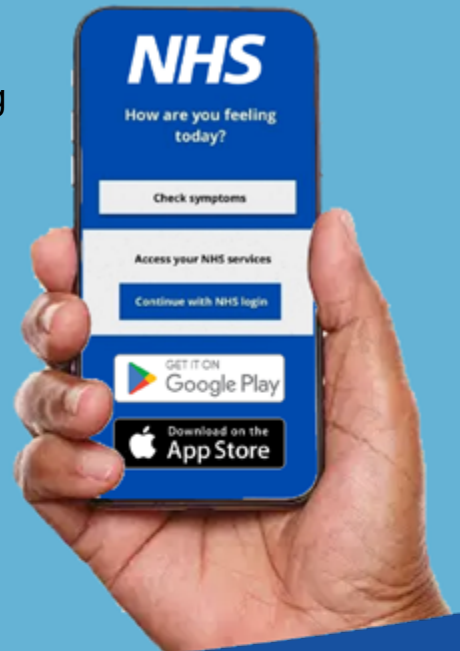
For help on a weekend  
or bank holiday  
call NHS 111

# The NHS App - Download now!

Take control of your health in your hands by downloading the NHS app and **turning on notifications**. The NHS App gives you a simple and secure way to access a range of NHS services such as:

- Booking and managing GP and hospital appointments
- Ordering repeat prescriptions
- Viewing your hospital records

Download the NHS App on your phone or tablet via [Google play](#) or the [App store](#) or by scanning the QR code.



## We're registering new patients



Do your friends or family need to register with a GP? Register them now by visiting [our website here](#), or scanning the QR code to the left.

## Meet the clinical team

Dr Abdul Mukadam  
Dr Jacqueline Masterton  
Dr Kajal Patel  
Locum GP - Dr T Radwan  
Locum GP - Dr M Tahir  
Locum GP - Dr N Fernandes  
Pharmacists - Lade Ajose & Savannah Depass  
Nurse - Janice Johnson  
Social Prescribing Link Worker - Ruth Vidal Tunkara  
Dietician - Kate Martin  
Care Coordinator - Rio Garcia  
Care Coordinator - Aaysha Farooq

Welcome to Ms Wiredu Adwoa - Advanced Nurse practitioner. Ms Adwoa can assess and treat patients attending primary health care services with a range of acute, non acute, and chronic medical conditions

## New starter at AMP

Welcome to Ms Janice Johnson practice nurse. Janice has 20 plus years of nursing experience. Working in many practices across Lambeth. Janice has previously worked at Akerman medical practice from 2009 to 2015 and many of you may know her. Janice in addition to usual nursing tasks is also able to carry out comprehensive asthma, diabetes, hypertension, chronic obstructive pulmonary disease checks. We are glad to welcome Janice back to the Akerman team. Her working days are Monday afternoon, Wednesday and Friday.



We'd like to give a big thank you to nurse Mobolanle Aderinto who's leaving the practice, and we wish her all the best for the future.