

# Akerman Medical Practice

October 2024 Newsletter



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## Importance of Getting Flu, COVID, and RSV Vaccines

As colder months near, the risk of illnesses like the flu, COVID-19, and RSV increases. We urge you to get vaccinated to protect yourself and others, especially vulnerable groups like older adults, children, and those with health issues.

### 1. Flu Vaccine

The annual flu shot is updated to target common strains, reducing personal risk and virus spread.

### 2. COVID-19 Vaccine

COVID-19 remains a threat, especially with new variants. Staying up to date with boosters helps prevent severe illness and hospitalization.

### 3. RSV Vaccine

RSV poses a risk to infants, older adults, and those with chronic conditions. New vaccines for older adults and pregnant women offer crucial protection.

### Why Get All Three?

Though no vaccine is 100% effective, they significantly reduce illness severity and complications, protecting you and others, especially the vulnerable.

## Opening hours

Mon to Fri - 8am to 7:30pm

Sat - 9:30am to 4:30pm

For help on a weekend  
or bank holiday  
call NHS 111

## New Online Triage

Akerman Medical Practice has introduced online triage, which is going well. Simply fill in your details and issue by [clicking this link](#) or scanning the QR code below.



Your form will be reviewed the same day, and if needed, you'll receive an appointment or next steps.

This new system has successfully helped reduce wait times for our patients.

# The NHS App - Download now!

Take charge of your health by downloading the NHS app and enabling notifications. The app offers a secure way to access key NHS services, including:

- Booking and managing appointments
- Ordering repeat prescriptions
- Viewing your hospital records & more!

Download the NHS App on your phone or tablet via [Google play](#) or the [App store](#) or by scanning the QR code.



## We're registering new patients



Do your friends or family need a GP? Register them by visiting [our website here](#), or scanning the QR code to the left. Our outer boundary covers all London boroughs, so if

you move within London, you can stay registered with Akerman Medical Practice.

## Helpful Information

Our in-house social prescriber can:

1. Assist with housing registration and refer to homelessness advice services.
2. Help complete housing medical assessment forms and gather supporting medical documents.
3. Refer patients to community support services for issues like disrepair or landlord problems.

## Your Feedback Matters!

At AMP, we're dedicated to providing top care, and your feedback helps us improve. Whether positive or constructive, we want to hear from you!

Share feedback on our website by filling out the suggestions form, found by [clicking here](#), or scanning the QR code.



Your input helps us enhance our services to better meet your needs.

## Subscribe to our social media

Follow us on social media to stay updated on the latest news, health tips, and advice for AMP and Lambeth residents.

All our social media links are at the top of the newsletter.