Akerman Medical

Practice March 2025 Newsletter







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Opening hours

Mon to Fri - 8am to 6:30pm Sat - 9:30am to 4:30pm

For help on a weekend or bank holiday call NHS 111

CQC-**Rated 'Good'**

On 31st October, Akerman Medical Practice had a visit from the Care Quality Commission (CQC). Thank you to everyone who shared feedback with the CQC about our practice especially to our Patient Participation Group for their support in getting the practice ready for the visit.

We're proud to share that we have now received our report, and we've been rated 'Good' overall. This reflects our ongoing commitment to providing safe, effective, and patient-focused care. We'll keep working to improve and provide the best service possible.

Travel vaccinations

Planning to travel during the Easter break this April? Ensure your health and safety by checking if you need any travel vaccinations before your trip. Vaccines are essential to protect against diseases like yellow fever, typhoid, or hepatitis, which may be prevalent in your destination.

Visit our practice website to complete the online travel vaccination form and start the process today. Book now by clicking here.

RSV Vaccine Program

NHS England will be sending out national RSV vaccine invitations in February 2025 to help increase uptake among those eligible.

Invitations will be sent to:

- Individuals in the older adult catchup cohort (those aged 75-79 on 31 August 2024) who have not yet been vaccinated.
- Individuals who have turned 75 since 1 September 2024 and have not yet received their vaccine.

If you're eligible, keep an eye out for your invitation!





The NHS App - Download now!

The NHS app offers a secure way to access key NHS services, including:

- Booking and managing appointments
- Ordering repeat prescriptions
- Viewing your hospital records & more!

Download the NHS App on your phone or tablet via <u>Google play</u> or the <u>App store</u> or by scanning the QR code.





NHS Breast Screening

Breast screening is offered by the NHS to help detect breast cancer early, when treatment is most effective. Women aged 50 to 71 will be invited for a mammogram every three years. If you haven't had your invite, please click on the <u>link here</u>



Maternal Vaccinations

Getting vaccinated during pregnancy helps protect both you and your baby from serious illnesses. The NHS recommends three key vaccines for pregnant women:

- Flu vaccine Safe at any stage.
- Whooping cough vaccine Given between 16 and 32 weeks.
- COVID-19 vaccine Recommended if you're pregnant.

If you're pregnant, speak to your midwife or practice nurse about getting vaccinated.

Your Feedback Matters!

Your input helps us enhance our services to better meet your needs.

Share feedback on our website by clicking here, or scanning the QR code.



Lambeth Together Public Forum

The Lambeth Together Public Forum is a chance for residents to share their views on local health and care services. It takes place before the Lambeth Together Care Partnership Board meetings and is open to everyone.

Meetings are held online and in person. To find out more or join a session, click here

